

To Dorothee Von Flue, Medication Project

This document presents the "Dorothee Von Flue" project, also known as the "Medication Project". We draw our inspiration from Dorothee Von Flue, who sacrificed her life as a woman, and devoted herself completely to her life as a mother. She single-handedly cared for a large family of ten children, and fully assumed her responsibilities while respecting her husband's wishes and difficult decision.

Lebanon is increasingly experiencing total economic collapse and a sharp deterioration in medical conditions. It's not just the price of medicines that is rising sharply, but also the number of people suffering from chronic illnesses to the point where it is becoming impossible to treat themselves. Medicines are becoming scarce, and the purchasing power of the Lebanese people is becoming minimal.

Here's a little testimonial: Gihane is a nurse's aide in a small hospital in Lebanon. She had been taking a medication for diabetes since she was very young. Before the crisis, she paid 36,000 Lebanese pounds for it (equivalent to \$24 on 01.02.2023). Today, she pays 1,200,000 Lebanese pounds, when her monthly salary is 1,400,000 Lebanese pounds. She was therefore obliged to stop taking her medication...

In this project, we will try to take care of people in need of medicines as much as possible. The project involves sending medicines by air to Lebanon and distributing them fairly. It consists of the following three stages: Preparation in Switzerland, Transport and Reception/Distribution in Lebanon.

Each step is described below:

1. Preparation in Switzerland

Task organiser : Rédina Berkachy

As soon as donations of medicines are received in Switzerland, the organiser, with the help of volunteers, sorts the medicines by year. Depending on their arrival, suitcases will be prepared for shipment to Lebanon. For the dispatch of the suitcases, we proceed according to the expiry date of the available medicines.

A medicine management document will be produced to manage the stock of medicines ready for dispatch, and those placed on hold. The contents of this document will include the date the case was prepared, the name of the person transporting it, and the quantity sent. These details will be re-established in a report distributed to the SLS committee.

2. Transport

Task organiser : Rédina Berkachy

Donation carriers: Rédina Berkachy, persons of confidence proposed by the SLS committee or by the organiser...

As far as the people transporting the donations are concerned, SLS undertakes to provide them with a document attesting to the ownership of the medicines as well as a declaration of the humanitarian purpose of their trips. In turn, these people undertake to take as many medicines as possible and to deliver them transparently to the people designated by SLS in Lebanon.

The medicines will be transported in suitcases by air. Two options are being considered for this strategy:

- a) *Option 1*: Send suitcases containing medicines with a trusted person traveling on a mission to Lebanon for this purpose.

Airline :

- First, we will be contacting SWISS and Edelweiss, who fly to Beirut again during the high season, for special offers, discounts or any other help they can provide.
- We will then contact Middle East Airlines (MEA) to ask for special offers, discounts, or any other help they can provide.
- If contact with SWISS and MEA is unsuccessful, we will purchase ordinary tickets to choose the cheapest and most suitable for transporting medicines.

- b) *Option 2* : Send extra suitcases of medicines with people close to SLS on their leisure trip to Lebanon.

The following table shows these two options and their estimated costs, without taking into account any offers, discounts or additional assistance from the airlines.

	TRAIN		FLIGHT		EXTRA SUITCASE FOR OUTWARD JOURNEY		TOTAL COSE	QUANTITY OF MEDICINES
	Description	Price	Description	Price	Description	Price		
Option 1 : TWO-WAYS FLIGHT SWITZERLAND-LIBAN FLIGHT MISSION	For the train, we count a two-ways ticket from the home of the person carrying the suitcases to the airport (Geneva, Zurich or Basel).	Maximum price: 100 chf <small>SEP</small> (half-fare)	Two-ways flight Switzerland-Lebanon with MEA or SWISS or others in ECONOMY class. Average price 600 chf In case MEA or SWISS assistance is not possible, we will use cheaper tickets, if possible, but with stopovers.	Lower margin: <small>SEP</small> 400 chf in low season Higher margin: 1000 chf in high season Low season will be preferred. Average price: 700 chf	An extra suitcase weighing 23 kgs for 1 trip generally costs 50 chf with MEA, 86 chf with SWISS, 90 chf with Lufthansa, etc. For Turkish airlines, 262 chf for 18kgs more For Pegasus airlines, 162 chf for 20 kgs more	Lower margin: <small>SEP</small> 50 chf Top margin: <small>SEP</small> 262 chf Average price : 100 chf	Lower margin: 550 chf Top margin : 1462 chf Average price : 1000 chf	Total approx. 30 kgs (not including the 4 kgs weight of the suitcase, the traveler's essentials estimated at 8kgs).
		Maximum price : 100 chf <small>SEP</small> (half-fare)	-	-	An extra suitcase weighing 23 kgs for 1 trip generally costs 50 chf with MEA, 86 chf with SWISS, 90 chf with Lufthansa, etc. For Turkish airlines, 262 chf for 18kgs more For Pegasus airlines, 162 chf for 20 kgs more	Lower margin: <small>SEP</small> 50 chf Top margin: <small>SEP</small> 262 chf Average price : 100 chf	Lower margin: 150 chf Top margin : 462 chf Average price : 300 chf	
		Maximum price : 200 chf <small>SEP</small> (full price)						
Option 2 : EXTRA SUITCASE LEISURE FLIGHT	Train ticket to send the extra suitcase to the airport to be given to the person traveling to Lebanon.	Maximum price : 100 chf <small>SEP</small> (half-fare)			An extra suitcase weighing 23 kgs for 1 trip generally costs 50 chf with MEA, 86 chf with SWISS, 90 chf with Lufthansa, etc. For Turkish airlines, 262 chf for 18kgs more For Pegasus airlines, 162 chf for 20 kgs more	Lower margin: <small>SEP</small> 50 chf Top margin: <small>SEP</small> 262 chf Average price : 100 chf	Lower margin: 150 chf Top margin : 462 chf Average price : 300 chf	Total approx. 19 kgs (not including the 4 kgs weight of the suitcase)
		Maximum price : 200 chf <small>SEP</small> (full price)						

Any combination of these two options can be presented. It will mainly depend on the availability of people (Option 1), the frequency of leisure flight for the persons close to SLS (Option 2), and of course the project's budget.

For example, a proposal might be as follows:

- a) *Option 1* : 4 times maximum by 2023, carrying a total of 120 kgs of medication.

Total cost for the 4 flight-missions:

Average price	Bottom Margin	Top margin
4000 chf	2200 chf	5848 chf

- b) *Option 2* : 3 times by 2023 (or according to information) carrying a total of 157 kgs of medication.

Total cost for 3 shipments of suitcases:

Average price	Bottom Margin	Top margin
900 chf	450 chf	1386 chf

The cost of this proposal (transportation of approximately 177kgs of medication) will therefore be in total:

Average price	Bottom Margin	Top margin
4900 chf	2650 chf	7237 chf

The budget requested for this proposal is therefore 4900 chf (not including offers, discounts or any additional assistance from the airlines). All expenses will be noted and supported by receipts, and any money saved on this budget will be returned to SLS.

Any other suggestions is welcomed.

3. **Reception and distribution in Lebanon**

Organisers : Nadine Zalaket (Lebanon) et Rédina Berkachy (Switzerland)

Mrs Nadine Zalaket will receive the suitcase(s) of medicines in Lebanon. The sorting of medicines, as well as any medical decisions in Lebanon, will be made by the project's Medical Committee, composed in alphabetical order of:

- Ms Rana Berkachy, midwife at Hôtel Dieu de France.
- Mr Jimmy Eid, third-year pharmacy student at Saint Joseph University, Beirut

- Ms Marie-Belle El Khoury, fifth-year General Medicine student at the Lebanese University
- Mr Julien El Sayegh, General Surgeon, Colorectal and Robotic Surgery, and Clinic Instructor at LAU (Lebanese American University of Beirut)
- Ms Angéla Hajj, second-year dental student at Saint Joseph's University, Beirut
- Mrs Joyce Zalaket, Dietitian Nutritionist, Doctor of Food Science

As far as the distribution of medicines is concerned, priority will be given to families of the “Miséricorde” close to SLS. The remaining medicines will be sent to dispensaries or to the Lebanese army, depending on arrival and need.

The distribution, as well as any administrative decision in Lebanon, will be made by the Organizing Committee composed by alphabetical order of: Mr Samer Abdallah, Mrs Rédina Berkachy, Mr Jacques Demerjian, Mr Elie-Jacques Fares, Mr Salim Sayssouk and Mrs Nadine Zalaket.